

Personal Income and Expenses Worksheet

Where does the money go? We've prepared this simple worksheet to help you get started getting a handle on your financial life.

Income

<u>Source of income: (list below)</u>	<u>Amount</u>
	\$
	+ \$
	+ \$
TOTAL MONTHLY INCOME	= \$

If you have a job and are paid weekly, multiply your weekly pay by 4.3 to get monthly income. If your income varies, use an average of the last six months to get a monthly figure.

\$	Rent or Mortgage, Insurance & Taxes
\$	Food and Household Supplies
\$	Medical Expenses (bills, insurance, medicine)
\$	Clothing
\$	Personal Needs (work uniforms, haircuts, etc.)
\$	Transportation (car, insurance, gas, maintenance, bus, other transportation etc.)
\$	Child Care
\$	Telephone
\$	Laundry
\$	Other Utility or Energy Expense: _____
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\$	Credit Card Debts Total: _____
\$	Other Expenses: _____
\$	TOTAL MONTHLY EXPENSES

\$ _____ **TOTAL MONTHLY INCOME**

- \$ _____ (minus) **TOTAL MONTHLY EXPENSES**

= \$ _____ (equals) **REMAINING INCOME ***

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Stephanie Frank wants you to Master Your Life. **Because You Deserve More.** www.IntentionalMastery.com